



Dear Parents/Guardians and Cougar Athletes,

Welcome to the 2022-2023 Athletic Year! As I look forward to this year, I am inspired by the **PRIDE** of past accomplishments, the **OPPORTUNITIES** for future involvement and **BENEFITS** of being a Cougar Athlete!

OPPORTUNITIES... Our students have amazing **opportunities** here at Concordia! Every student can participate in multiple sports – in fact as much as **94% of our Junior High students have been involved in one or more sports in previous years.**

BENEFITS...

PERSONALLY... Recent studies have indicated that in addition to the benefit of *staying healthy*, team sports participation *increases focus* and *discipline* both inside and outside the classroom. Participation also *relieves stress* and *increases mental health!*

AS A PART OF THE TEAM... Your Cougar Athlete will be trained by skilled and committed *coaches*. Your athlete will also benefit by being part of a team, while *creating lasting friendships* and gaining the *ability to work with others* toward a common goal!

BECOMING A COUGAR ATHLETE...

For the 2022/2023 school year, we would like to reinstitute our Middle School Athletic Program. For the past 10 years, we have been a part of the Santa Clarita Independent Athletic League (SCAIL), a league made up of mostly Private Schools in the Santa Clarita and San Fernando Valleys. This has allowed us to participate in a variety of competitive sports with other schools.

This year we hope to participate in the following sports, as we can field them:

Fall Season (September - Mid-November) – Boys Basketball

Winter Season (December - February) – Flag Football, Girls Volleyball

Spring Season (March – Mid-May) – Indoor Soccer

Practices and Games will be after school 2-3 times per week. There will be no weekend commitments. To offer the above sports, we need a commitment from our families and students at our Middle School. There is \$25.00 charge per sport, but no tryouts. All students that wish to participate will be allowed to, if their grades are in good standing.

Please join me in encouraging your student to take advantage of the wonderful opportunities and benefits provided by the Athletic Department this year! *It is never too soon nor too late to begin! No matter what your proficiency, there is a place for you on a Concordia team.*

Looking forward to another great year! Go Cougars!

Mr. Shipp
Teacher/Athletic Director
Concordia Christian School